

FACT SHEET

ABONDANCE, FRENCH ALPS
2023



French Alps

Learn English or French in this amazing summer centre located in the prestigious Alps. Students can discover this wonderful region while practicing a language and enjoying a very wide range of sports, cultural, and outdoor activities

Location: French Alps

Near the Swiss and Italian borders and renowned ski resorts (Morzine, Avoriaz)



Cities within 200km:

Geneva, Switzerland
Basel, Switzerland
Bern, Switzerland
Zurich, Switzerland
Lyon, France
Grenoble, France
Dijon, France
Belfort, France
Turin, Italy
Milan, Italy

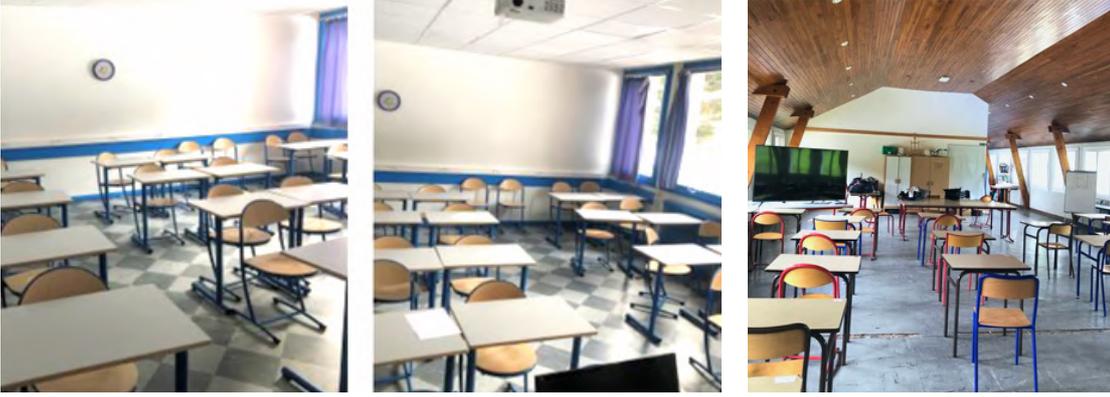
 Chef Lieu, 74360 Abondance, France

- **Age:** 12 to 17 years old
- **Dates:** 25 June - 22 July
- **Min. duration:** 1 week
- **Rooms:** single and twin rooms
- **All-inclusive:** full board, daily activities & excursions included



Classrooms

Spacious and bright classrooms



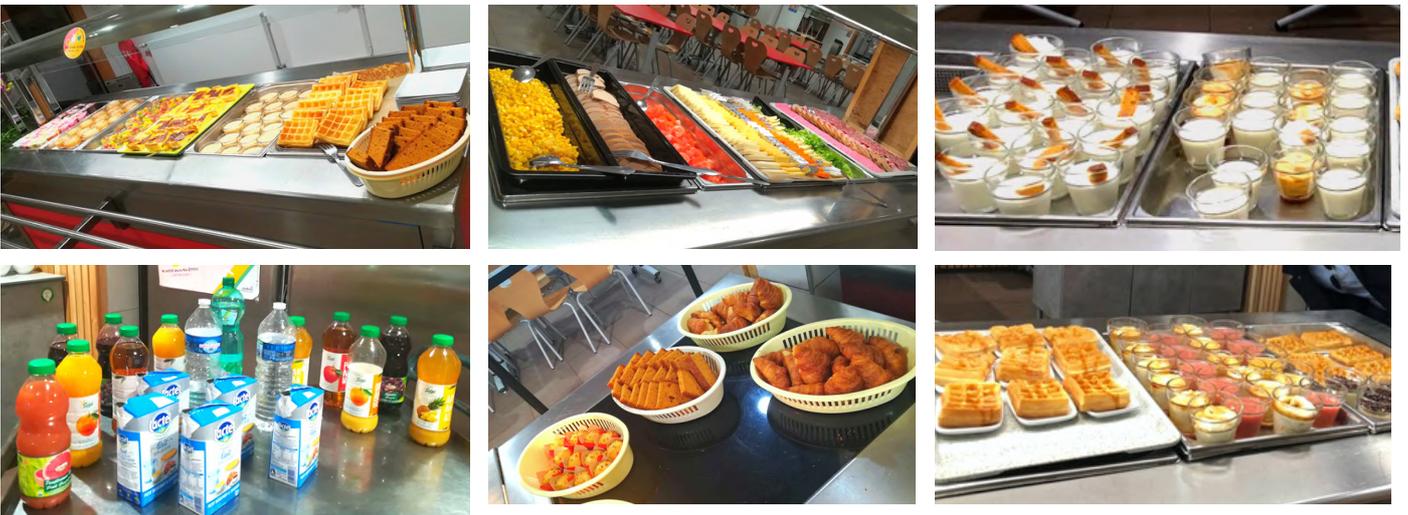
Accommodation

Spacious and comfortable multibed rooms



Meals

Well balanced and varied meals



Commons Areas

Modern facilities



Indoor and Outdoor Spaces

Cozy internal areas, games rooms, and great sports grounds outdoors for all the fun activities happening throughout the week.



Sample Timetable

Week 1

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
07:30-08:30	Students arrivals, site orientation, language test	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Full day excursion to Geneva
09:00-10:30		English/French Test	General English/French	General English/French	General English/French	General English/French	
10:30-11:00		Break	Break	Break	Break	Break	
11:00-12:30		English/French Test	General English/French	General English/French	General English/French	General English/French	
12:30-13:30		Lunch	Lunch	Lunch	Lunch	Lunch	
14:00		Roll call	Roll call	Roll call	Roll call	Roll call	
14:00-16:00		Abondance Abbey visit with Team Building Games	Multi Sports Tournament	Team Building workshop	Visit to Gorge du Diable	Treasure Hunt	
16:00-16:30		Break	Break	Break		Break	
16:30-17:30		Abondance Abbey visit with Team Building Games	Multi Sports Tournament	Team Building workshop		Treasure Hunt	
18:00-19:00	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
19:30	Roll call	Roll call	Roll call	Roll call	Roll call	Roll call	Roll call
19:30-21:30	Icebreaker and 'Getting to Know You' activities	Quiz Night	Film Night	Zombie Attack	Free time on Campus	Neon Party	Free time on campus
21:30	Roll call	Roll call	Roll call	Roll call	Roll call	Roll call	Roll call
22:00	Lights out	Lights out	Lights out	Lights out	Lights out	Lights out	Lights out

Week 2

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
07:30-08:30	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Full day excursion to Aquariaz
09:00-10:30	Language Test for new students	General English/French	General English/French	General English/French	General English/French	General English/French	
10:30-11:00	Break	Break	Break	Break	Break	Break	
11:00-12:30	Language Test for new students	General English/French	General English/French	General English/French	General English/French	General English/French	
12:30-13:30	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	
14:00	Roll call	Roll call	Roll call	Roll call	Roll call	Roll call	
14:00-16:00	Icebreaker activities + Mini Olympics	Sports Afternoon	Team Building Activities	Arts & Crafts	Evian Guided tour	Tahiti afternoon	
16:00-16:30	Break	Break	Break	Break		Break	
16:30-17:30	Mini Olympics	Sports Afternoon	Team Building Activities	Arts & Crafts		Tahiti afternoon	
18:00-19:00	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
19:30	Roll call	Roll call	Roll call	Roll call	Roll call	Roll call	Roll call
19:30-21:30	Karaoke	Intercamp's Got Talent	Film Night	Cat Walk	Free time on Campus	Tahiti Party	Free time on campus
21:30	Roll call	Roll call	Roll call	Roll call	Roll call	Roll call	Roll call
22:00	Lights out	Lights out	Lights out	Lights out	Lights out	Lights out	Lights out

► The timetables and excursions are examples, subject to change. Half-day trips are walking tours with the Intercamps team leaders. Additional entrances can be purchased on site - subject to availability.

Sample Timetable

Week 3

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
07:30-08:30	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Full day excursion to Montreux & Vevey	
09:00-10:30	Language Test for new students	General English/French	General English/French	General English/French	General English/French	General English/French		
10:30-11:00	Break	Break	Break	Break	Break	Break		
11:00-12:30	Language Test for new students	General English/French	General English/French	General English/French	General English/French	General English/French		
12:30-13:30	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch		
14:00	Roll call	Roll call	Roll call	Roll call	Roll call	Roll call		
14:00-16:00	Ice Breaking activities	Bowling	Hiking	Scavenger Hunt	Evian Bottling site tour	Mini Olympics		
16:00-16:30	Break	Break	Break	Break		Break		
16:30-17:30	Abundance tour	Sports Afternoon	Hiking	Scavenger Hunt		Mini Olympics		
18:00-19:00	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner		Dinner
19:30	Roll call	Roll call	Roll call	Roll call	Roll call	Roll call		Roll call
19:30-21:30	Trash Fashion Show	Egg Drop	Film Night	Torch Walk by Night	Free time on Campus	Neon Party		Free time on campus
21:30	Roll call	Roll call	Roll call	Roll call	Roll call	Roll call		Roll call
22:00	Lights out	Lights out	Lights out	Lights out	Lights out	Lights out	Lights out	

Week 4

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
07:30-08:30	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Departures See you in 2024!	
09:00-10:30	Language Test for new students	General English/French	General English/French	General English/French	General English/French	General English/French		
10:30-11:00	Break	Break	Break	Break	Break	Break		
11:00-12:30	Language Test for new students	General English/French	General English/French	General English/French	General English/French	General English/French		
12:30-13:30	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch		
14:00	Roll call	Roll call	Roll call	Roll call	Roll call	Roll call		
14:00-16:00	Abundance Abbey visit with Team Building Games	TikTok Challenge	Multi Sports Tournament	Shopping	Visit to Gorge du Diable	Treasure Hunt		
16:00-16:30	Break	Break	Break	Break		Break		
16:30-17:30	Abundance Abbey visit with Team Building Games	TikTok Challenge	Multi Sports Tournament	Shopping		Treasure Hunt		
18:00-19:00	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner		Dinner
19:30	Roll call	Roll call	Roll call	Roll call	Roll call	Roll call		Roll call
19:30-21:30	Dodgeball	Ultimate Quiz Night	Film Night	Murder Mystery	Free time on Campus	Farewell Party		
21:30	Roll call	Roll call	Roll call	Roll call	Roll call	Roll call		Roll call
22:00	Lights out	Lights out	Lights out	Lights out	Lights out	Lights out	Lights out	

► The timetables and excursions are examples, subject to change. Half-day trips are walking tours with the Intercamps team leaders. Additional entrances can be purchased on site - subject to availability.

Excursions

Exciting excursions every week to explore and discover the region



Fábrica da Evian



Garganta do Diabo



Montreux



Genebra



Aquariaz

Language + Adrenaline

Special activities on Mondays, Wednesdays and Fridays (Water and Mountain sports)



Fantasti'C'able



Climbing



Rafting

14-17 years old
Min. height: 1,40m

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Options & Fees

General English or French	English + Adrenaline
€1,100	€1,300
15 lessons of English or French	15 lessons of English or French
Full-board	Full-board
Afternoon and evening activities, weekend excursions	Afternoon and evening activities, weekend excursions
Accommodation in single or twin rooms	Accommodation in single or twin rooms
24/7 supervision	24/7 supervision
	3 afternoons with special activities: Rafting, zip line, tree climbing...

Registration fee: €50
Transfers not included

Language + Adrenaline

09:00-10:30	Ice breaking activities	Lessons						FD Excursion
10:30-11:00		Pause						
11:00-12:30		Lessons						
12:30-14:00		Lunch						
14:00-17:00	Activity	Sports	Activity	HD Excursion	Activity			
17:00-19:00	Free time on campus	Free time on campus	Free time on campus		Free time on campus			
19:00-20:00	Dinner							
20:00-22:00	Evening activity	Evening activity	Evening activity	Evening activity	Free evening	Evening activity	Evening activity	
22:00	Curfew							

Sports/Adrenaline activities replace 3 weekly standard activities



Which Team Will Be Yours?



Academic achievement

Got the brains to be the best? Win points by answering questions, achieving goals and producing outstanding work.

Participation

Get involved to score! Show your energetic side and get involved in games, songs and activities to score points for your team.

Language

Gain points for showing an excellent grasp of new language learnt. Lose points for failing to use English in the class.

Environmental awareness

At SUL we look after our environment, and we want you to do the same. Look after your possessions, your classroom and the school grounds to gain points. Fail to do these things, and you will lose points.

Social awareness

Respect towards your teachers and classmates is important, and good manners cost nothing. Show these traits to gain points.

Show disrespect, or behave poorly towards the people around you, and you will lose points.

SUL League is a system that helps to enhance the academic and social programmes at SUL, as well as increase the level of students' integration into an academic process, and plays an essential part in educating the ones who are passionate about learning.

The SUL League is an exciting and inclusive opportunity for our students to get involved in a Global Project where students from all over the world compete to become SUL League Champions!



Four teams and five categories to score points in. Which team will be yours?



SUL
MISPRONOUNCED SINCE
1976



**GET READY TO
MAKE YOUR
SUMMER
UNFORGETTABLE!**

Accredited by:



Caring for Climate



In partnership with:

